

# Ultrasonic Lipo-cavitation

- the non-surgical alternative to liposuction -  
- Including Core Knowledge -

This is a new course fully recognised, accredited by "The Guild of Beauty Therapists" and Professional Beauty Direct

## Course Content

This is a combined course leading to an Academy diploma qualifying for CPD points and insurance cover.

5 day intensive course including three days of guided and supported study on underpinning knowledge, two days training at the Academy campus.

To complete the course, students will be expected to complete an assignment(s) and pass all relevant exams.

Entry level: Medical professionals, Beauty Therapy L3

Date: Course dates are flexible and run on a monthly basis please call for details

Venue: Academy of Advanced Beauty Sutton Campus – CB6 2NY

Price: £499

CPD Points: 56

**This course consists of theoretical study as well as practical learning and is dedicated to highly motivated students.**

### Short Description

After puberty, fat cells remain constant in number and change their size and volume according to the amount of fat the body stores. This fat often assumes abnormal proportions in areas such as thighs, hips, stomach and arms. Non-invasive Ultrasonic Lipo-cavitation uses ultrasound waves to break down this excess fat. Unlike surgical lipo-suction there is no pain, incisions or recovery time. The ultrasonic energy is delivered through the skin surface. This treatment is safe and suitable for men and women who want effective removal of excess fat without surgery.

The client resumes normal activities immediately after the treatment

Ultrasonic Lipo-cavitation course includes:

#### UNIT 1

Health and safety  
Data Protection Act  
Client modesty, privacy and confidentiality  
Hygiene  
Sterilisation method.  
Equipment set up and Maintenance

#### UNIT 2

Body Types  
Explain Adipose Tissue and its Negative Effect on Health  
Fat Assessment for Treatment including BMI  
Ideal Candidates for Treatment

#### UNIT 3

Cellulite Grading, Formation and Ways to Improve its Appearance

#### UNIT 4

History of Ultrasound  
Explain Ultrasonic Lipo-cavitation including Types, Frequency and Intensity &c

#### UNIT 5

The Principle of Ultrasonic Lipo-cavitation and how it works, as well explaining the 'Fat Evacuation Journey'  
The Benefits for the Client

#### UNIT 6

Areas suitable for Treatment and Areas Excluded  
What to expect from the Treatment  
Client's Realistic Expectations

#### UNIT 7

Duration of Treatment  
Product use  
Recommendations before Treatment  
Client Preparation  
Additional Treatments that assist Ultrasonic Lipo-cavitation

#### UNIT 8

## List of Necessary Items to be prepared before Treatment

### UNIT 9

Client Consultation

Contra Indications (CI)

Skin Sensitivity Test

Treatment Plan for the Client

Safety during Ultrasonic Lipo-cavitation Treatment

Contra Action (CA) and Correct Aftercare

### UNIT 10

Step by Step Demonstration of Complete Treatment (Including Unit 9 above) to Students on live Model. Questions and Answers Session for Students

### UNIT 11

Students' Practical 'Hands On' Session of Ultrasonic Lipo-cavitation

Treatment on Live Models or on Each Other, all under Teacher's strict Supervision

### UNIT 12

Recap on Course Content with Emphasis on Safety, CI, Treatment Techniques, Hygiene, CA, Correct Aftercare as well as Client Care and Equipment Maintenance

Any Questions?

### NB

**We expect the students to have read the manuals that they will receive prior to the course.**

**Continual observation will take place during the student's practical session**

### UNIT 13

Examination Procedure

Theory Test will be taken by Students as well as Practical Exam

Student is now expected to deliver a complete Treatment to a Client including Consultation and Correct Aftercare, to be delivered in a Professional and Polite Manner

Continual Observation will take Place during the Student's Practical Session to Assess their Knowledge and Understanding

### UNIT 14

Test Results and Student Feedback

Any further Administrative Issues